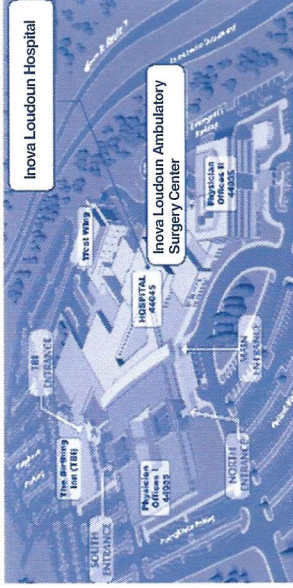


Preparing for Your Gastroenterology Procedure

Inova Loudoun Ambulatory Surgery Center
 44035 Riverside Parkway, Suite 200
 Leesburg, VA 20176
 P: 571-209-6465 Fax: 571-209-6478



Inova Loudoun Medical Campus

Preparing for Your Gastroenterology Procedure

We look forward to caring for you during your procedure at Inova Loudoun Ambulatory Surgery Center. We are located at 44035 Riverside Parkway, Suite 200, Leesburg, VA 20176 in Physicians Building II next to Inova Loudoun Hospital.

Our goal is to make your experience as pleasant and comfortable as possible and provide you with excellent care. This brochure explains how to prepare for your procedure, tells you what to expect, and answers questions you may have.

**Inova Loudoun Ambulatory Surgery
 Center Phone: 571-209-6465
 Fax: 571-209-6478**

INOVA LOUDOUN AMBULATORY SURGERY CENTER complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. INOVA LOUDOUN AMBULATORY SURGERY CENTER does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

INOVA LOUDOUN AMBULATORY SURGERY CENTER provides free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters and some written information in other formats upon request (large print, accessible electronic formats, other formats). We provide free language services to people whose primary language is not english, such as: qualified interpreters and information written in other languages. If you need these services, please contact 571-209-6465.

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Inova Loudoun Ambulatory Surgery Center



| | |
|--------------|-------|
| Patient name | _____ |
| Procedure | _____ |
| Date | _____ |
| Arrival time | _____ |

Prior to Your Procedure

Phone Interview

After your procedure has been scheduled with your physician, it is important that you fill out a medical history online at www.onemedicalpassport.com.

Upon completion of your medical history, please contact us Monday – Friday, 7:30 AM to 4:00 PM, at **571-209-6441** or **571-209-6440** to speak with one of our Pre-op interview nurses. During the interview, we will review your medical history and provide instructions to prepare for your procedure. If your medical history is not completed early enough, it may result in the need to reschedule your procedure.

In addition, please be prepared to provide us with insurance information. Some insurance companies require preauthorization before procedures. Please contact your insurance carrier about these requirements. Your insurance company also can give you information on the amount you may have to pay to meet your deductible and/or co-pay. When you arrive on the day of your procedure, we will ask you to sign a form stating you are financially responsible for any services rendered that are not covered by your insurance carrier.

Patient Rights and Responsibilities

Visit our Web site at www.loudounsc.com to read our Patient Rights and Responsibilities brochure.

Labs/EKG

Generally, you do not need any lab work prior to your procedure. Your physician will let you know if any tests are needed. You may receive a separate bill from Inova Loudoun Hospital if you have any lab or radiology services related to your procedure.

The Day of Your Procedure

What to Bring

Please bring the following with you

- Photo ID
- Insurance card
- A list of medications with dosages and how often you take the medication
- Amount quoted to meet your deductible
- Telephone number of adult driver or escort taking you home

Arrival

Please arrive one hour prior to your scheduled procedure. Plenty of free parking is available in front of the medical office building. When you enter the building, take the elevator to the second floor. The Inova Loudoun Ambulatory Surgery Center is located in Suite 200. Please sign in at the registration desk.

Getting Ready

When it is time for your procedure, you will be escorted into the preparation area where you will change into a gown, cap and slippers. An intravenous line will be started using a small amount of local anesthesia so that it does not hurt.

Procedure

When we are ready to proceed, you will be escorted to the procedure room. The room will probably feel cool. Although we make every attempt to explain everything to you, feel free to ask any questions you may have. You will receive sedation during the procedure. Most patients fall asleep and do not remember the procedure, which generally takes about 30 to 45 minutes.

Recovery

After your procedure, you will be taken to the post-anesthesia recovery unit where you will be monitored until your sedation wears off. The recovery period is usually about an hour.

Discharge

Because you are not allowed to drive for 24 hours, and to help ensure your safety, **an adult must accompany you and drive you home. Your ride must be available to pick you up when the nurse calls.** Transportation by taxi is acceptable as long as a responsible adult is with you.

Instructions

When you are ready to leave, a nurse will review instructions specific to your procedure. A written copy of your instructions will be given to you. Feel free to ask any questions you may have. You also may be asked to complete a patient satisfaction survey. This is voluntary, and we welcome your feedback.

Going Home

A staff member will accompany you to the exit where a family member or friend can pick you up. Please remember you cannot drive, operate machinery, drink alcohol or make any major decisions for at least 24 hours. If you have any questions, please call us at **571-209-6465**.

Follow-up Call

A member of the Inova Loudoun Ambulatory Surgery Center staff will call you the day following your procedure to make sure there are no problems and to answer any questions